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A watershed's fragile life

by Elaha amani

The Sunshine Coast Regional District (SCRD) shocked many when they declared a local state of emergency triggered by a severe drought, on Oct. 17, 2022. All non-essential commercial uses for water, such as breweries and cement facilities, were halted until further notice.

Prior to this, and in anticipation of the upcoming months, Stage 4 water restrictions had been put in place. The limited water supply was prioritized for human health, firefighting, and minimum creek flow requirements. Residents were urged to conserve as much water as possible and were warned about the upcoming months.

Vancouver Island and the Sunshine Coast have been particularly vulnerable to this water crisis, having a long history of freshwater shortages, droughts,

of this crisis, one must recognize the impact on watersheds.

"Our whole world is composed of different nestled watersheds. We live in a watershed," Wei

He is particularly interested in the effects that the recent recordbreaking summer droughts and floods have had on the communities and watersheds of British Co-

As a result of possibly combined effects of severe climate events with wildfire disturbance, the severity of droughts could be greatly increased.

Adam Wei, eco-hydrologist

The restrictions banned water use for washing vehicles, outdoor watering, construction activities, road and property maintenance, and various recreational purposes.

and floods. Forest eco-hydrologist Adam Wei at the University of British Columbia Okanagan campus (OK UBC) argues that to understand the long-term effects

says. He heads UBC's Cluster of Research Excellence on Watershed Ecosystems which hopes to better the health of forest and watershed systems.

lumbia's Lower Mainland and the Sunshine Coast.

"We understand that if water is negatively impacted, then many See "Watershed" page 4 ▶









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Goodbye tiger, hello rabbit

by STAFF WRITER

Will the rabbit bring in a tamer year? Associated with peace, longevity and prosperity across Asia, the rabbit is a symbol of hope.

The Lunar New Year has been celebrated at the time of the new moon since 104 BC, during the Han dynasty, when a date on the traditional Chinese calendar was chosen to mark the start of the year. It is a time of family reunion and feasting, ancestor worship and traditional customs.

On January 22, 2023, the rabbit, the luckiest of the 12 animals of the Chinese zodiac, will hop to it, bringing renewed energy and fertility, focus and determination.

This year's Rabbit is associated with yin water, that is rain, cold water, lakes and rivers and speaks to fluidity and gentle influence on surroundings.

"A crafty rabbit has three burrows," says an old Chinese adage, implying that the rabbit not only has many ideas but is also good at adapting to the environment and can move very quickly if it needs to take cover.

What to do to welcome the rabbit

Kicking off the festivities, UBC Botanical Garden is hosting its first Lunar New Year event in 2023 to welcome the year of the rabbit on Jan. 14.

The UBC Botanical Garden Lunar New Year Market will feature local makers, artists and crafters. The event will also offer lion dances, kung fu performances from UBC Kung Fu Club and dance performances from UBC Hanfu Culture Society and YunTang Dance Club.



🙏 Brushes ready? Paint a rabbit.

On Jan. 15, there will be a fundraiser for the Vietnam Education Society. The Vietnam Education Society, a registered Canadian charity, welcomes the Lunar New Year through a fundraising lunch. A six-course lunch along with Vietnamese music and dance performances, as well as a silent auction, raffle and other fun activities are on the menu.



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Editorial Content Advisors Denis Bouvier, Alexandre Gangué

Contributing Editor Simon Yee

Illustrator Joseph Laquerre Writers Nathalie Astruc. Mamick Bachidere. Elaha Amani, Aloïs Gallet, Raman Kang, Amélie Lebrun, Lin Weaver, Selma Van Halder, Simon Yee, Robert Zajtmann

Translation Barry Brisebois, Louise Dawson, Monique Kroeger
Distribution Joseph Laquerre, Kevin Paré

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igwedge The rabbit should bring hope in 2023.

The society aims to support their anti-trafficking efforts by sending at-risk girls in rural Vietnam to camp and school.

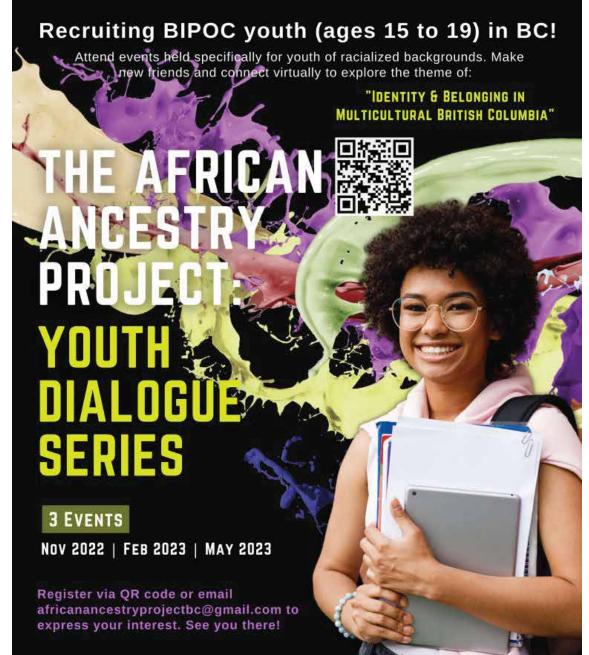
On Jan. 18, the Vancouver Public Library will hold a celebration of the Lunar New Year with a traditional tea ceremony featuring Joyce Ji from Wang Family Teapots and music from the B.C. Chinese Music Association. There will also be a special visit from Sherman Tai, fortune teller and Feng Shui master, who will share his predictions for the upcoming year.

On Jan. 21, in Richmond, children of all ages are invited to a two-hour bunny painting session called Paint Nite: "Honeybun." Run by local artists, the event includes all supplies needed to create a work of art. They will be doing a guided, step by step demonstration. No prior experience is necessary. Classes are a judgment-free zone where everyone is encouraged to explore and be creative. Seating is open and the demonstration begins exactly 10 minutes after the start time listed.

The Sun Yat Sen Garden is hosting an array of performances and attractions from Jan. 21–22, including lion dancer, guzheng players, arts and crafts and delicious food. There will also be a production by City Opera Vancouver and the premiere of a brand new exhibition by Chairman Ting. The garden also offers an array of online Lunar New Year related activities.

Jan. 22 brings back the Chinatown Spring Festival Parade and S.U.C.C.E.S.S., a multicultural, multi-service agency assisting people at all stages of their Canadian experience. They are looking for 200 volunteers to be part of a dynamic team that plays an essential role in making the parade a success.

For more information visit: www.events.ubc.ca/event/ubcbotanical-garden-lunar-new-yearmarket/2023-01-14 www.allevents.in/vancouver/ lunar-new-year-fundraiserfor-vietnam-educationsociety/10000470686815937 www.paintnite.com/ca/bc/ richmond/29740/events/canadianbrewhouse/january-21/saturdayjan-21-1pm-10301257/ www.vancouverchinesegarden.com www.volunteeringvancouver.ca









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Vol 23 No 12 | January 10-24, 2023 The Source 3

Canadian values and immigrant population

by STAFF WRITER

Released last December, a new study, entitled Perceptions of shared values in Canadian society among the immigrant population, compares the proportions of Canadian-born people and immigrants who believed that Canadians share values to a significant extent.

These values represent the democratic norms or standards that provide a basis for social inclusion in a diverse society, providing a subjective assessment about how immigrants view Canadian society with regard to values that enable their integration.

The 2020 General Social Survey (GSS) includes a series of questions about people's perceptions of shared values in Canadian society.

The questions are related to human rights, respect for the law, gender equality, linguistic duality, ethnic and cultural diversity and respect for Indigenous cultures. Respondents were asked to rate how strongly they shared those values on a scale between "not at all" to "a great extent."

Nearly double the proportion of immigrants as Canadian-born people believed that Canadians share values on ethnic and cultural diversity (47 per cent of immigrants compared with 24 per cent of Canadian-born people), one-third (30 per cent) of Canadian-born people had a similar perception of the extent to which Canadians share values on gender equality. Two-thirds of immigrants (67 per cent) believed that Canadians share values on hulantic provinces where the differences between immigrants and Canadian-born people were statistically non-significant. For most values, the differences between the perceptions of immigrants and Canadian-born

all selected population groups had consistently more favourable perceptions of shared values compared with all Canadianborn people.

Specifically noteworthy were perceptions of shared values

66 Compared with Canadian-born averages, immigrants consistently had stronger perceptions that Canadians share values on human rights, respect for the law, gender equality, linguistic duality, ethnic and cultural diversity, and respect for Indigenous culture.

Economic and Social Reports: Perceptions of shared values in Canadian society among the immigrant population

linguistic duality (42 per cent compared with 23 per cent) and respect for Indigenous cultures (37 per cent compared with 18 per cent) to a great extent.

Over three-fifths of immigrants (62 per cent) and twofifths of Canadian-born people (40 per cent) said that Canadians share values on respect for the law to a great extent. Half of immigrants (50 per cent) and under man rights to a great extent, compared with over half of Canadianborn people (55 per cent).

The study found that a larger proportion of immigrants than Canadian-born people believed that Canadians share values to a great extent across all provinces.

The only exceptions to this case were for perceptions of shared values on human rights and linguistic duality in the Atpeople were smaller in the Atlantic provinces and larger in Saskatchewan and Manitoba.

Differences between recent and establishes immigrants

Recent immigrants had particularly favourable perceptions, but smaller proportions of established immigrants believed that Canadians share values to a great extent. Still, those who have been landed immigrants in Canada for 20 years or more had more favourable perceptions of shared values than Canadianborn people.

Immigrants who arrived in Canada as adolescents or adults had more favourable perceptions of shared values than Canadian-born people. Immigrants who came to Canada as children had perceptions similar to those of people born in Canada.

South Asian, Southeast Asian and Black immigrants believed that Canadians shared values on ethnic and cultural diversity to a great extent. Immigrants from

on ethnic and cultural diversity. About three-fifths of South Asian, Southeast Asian and Black immigrants and half of Chinese, Arab and West Asian and Latin American immigrants believed that Canadians shared values on ethnic and cultural diversity to a great extent, while one-third of White immigrants and one-quarter of all Canadianborn people.

Among recent immigrants, perceptions of shared values seems to be grounded on comparing conditions found in their home country. This viewpoint appears to be less prominent for long-term immigrants and people who arrived in Canada as children. All in all, immigrants' perceptions of shared values appear to become less favourable over time and with greater exposure to Canadian society at younger ages.

For more information visit: https://www150.statcan.gc.ca/n1/ encatalogue/36280001202201200003



🙏 The study found that a larger proportion of immigrants than Canadian-born people believed that Canadians share values to a great extent across all provinces.

➤ "Watershed" from page 1

other ecological processes and functions such as water quality and supply, aquatic habitat and biodiversity can be affected as well," Wei says.

What are watersheds?

A watershed is an area of land where all flowing surface water converges to a single point or flows into another body of water, such as a river or ocean.

ties for studying, monitoring, and managing interactions between terrestrial and aquatic

A well-functioning watershed plays a crucial role in constructing budgets of water, sediment, and other nutrients, a network that humans heavily depend on. Many communities count on wa-

tersheds for outdoor recreation sites involving the use of lakes, rivers, or streams, but more importantly, for fresh water.

Where has all the water gone?

The residents of the (SCRD) have become accustomed to drought, having experienced Stage 4 drought or higher for many of the past several years. This leaves freshwater systems, irrigation, and community water Watersheds are natural enti- supply vulnerable. While recent events have brought considerable attention to SCRD's water situation, many residents claim this problem has been festering for a long time.

The recent crisis began late August of 2021. Approximately two months had passed since significant rainfall, and summer temperatures had reached their peak. The Chapman Creek watershed, one of SCRD's main reservoirs, was abnormally dry. As a response, those Stage 4 water restrictions were set in place.

Forest fires anddroughts go hand in hand

Wei also stresses the importance of making the connection between drought and forest fires.

"We must also recognize that climate-resultant drought events often go with wildfire events, particularly in the B.C interior forests," he says. "As a result of possibly combined effects of severe climate events with wildfire disturbance, the severity of droughts could be greatly increased."

As temperatures steadily rise, evaporation of surface water may diminish snow and rainfall. Moreover, drier vegetation increases the likelihood of forest fires.

In addition to jeopardized fresh water supply, reduced streamflow in essential creeks directly affects aquatic habitats, and in turn the survival of aquatic organisms. It also means reduced soil quality and potential death of nearby vegetation and trees.

Inversely, floods also have major consequences on watersheds. In general, large floods can do some considerable damage to local watersheds. They can cause major soil erosion and landslides, alter water courses, damage infrastructure and more.

The devastating floods caused by severe rainfall in November 2021 that affected the southern and interior regions wreaked havoc on many communities and water systems' health.

"As aforementioned, climate can interact with forest disturbance effects, which may lead to worsened flood or drought severities. This is something we need to play more attention to when we predict and manage floods or droughts," he says.

More research is needed

Wei hopes there will be more research on climate change and its effects on water systems. His team recognizes the significant levels of disturbance, both natural and human causes, that not only impacts B.C's watersheds but raise critical questions about forest management, long-term sustainability and vulnerable communities. He and his team are optimistic about the future and are actively studying ways to support watersheds and forests in case of crisis.

The long-term goal of his team is to advance watershed ecosystem science, establish a center on watershed ecosystems, and develop watershed governance procedures in accordance with Indigenous values. The team takes an interdisciplinary approach in studying various critical and

connected processes at the watershed scale, and to study watershed-ecosystem-based

"My research group is studying various subjects related to forest hydrology, watershed ecosystems and interactions between climate and forest disturbance. I believe the results



🖊 Adam Wei.

from these studies can greatly support forest and watershed management strategies for protection of water and watershed ecosystems," he says.

For more information visit: eegs.ok.ubc.ca/about/contact/ adam-wei



Abbotsford during the November 2021 floods.

4 The Source Vol 23 No 12 | January 10–24, 2023

Who cares about the environment? Meet five 'eco-types'

There is little doubt that society is politically polarized over many dimensions of environmental protection.

There has been a widening gap in recent years between conservative and liberal voter support for government spending on environmental protection, belief in climate change and support for climate policy.

Research suggests conservatives tend to be more enamored of capitalism and industrialization and more likely to oppose threats to economic growth. When environmental policy is framed as anti-growth, conservatives may mistrust it.



Emily Kennedy.

We also know fossil fuel companies have invested heavily into misinforming the public about climate change – targeting conservative voters in particular, and exacerbated on social media.

But political polarization over the environment also has a much more emotional, personal and resolvable side: failing to recognize how people across the political spectrum care about the environment differently.

In my recently released book, Eco-Types: Five Ways of Caring about the Environment, I introduce the most common relationships with the environment that I encountered in my research.

The Eco-Engaged, politically liberal with high cultural capital, cares about the environment by having solar panels on their home, driving electric cars, and shopping at farmers' markets.

The Self-Effacing are also liberal but have less cultural capital. They care by trying to use less plastic, recycle their waste, and eat less meat but wish they could do more.

The Optimists are politically conservative and have high cultural capital. They care about the environment by spending time in nature, teaching their kids about local plants and animals.

The Fatalists are politically conservative, young, and have low cultural capital. They care



▲ Eco-types come in all sorts of shapes and forms

by thinking and talking about the greed and excess of consumerism and the failings of corporations and governments to uphold the common good.

The Indifferent, who tend to be older political conservatives, have little connection to the environment, although they want to see it protected and admire those who garden, cycle and have solar panels.

Because these eco-types can be arranged along lines of political ideology and cultural capital, maligning or overlooking them can drive both class and political polarization over the environment.

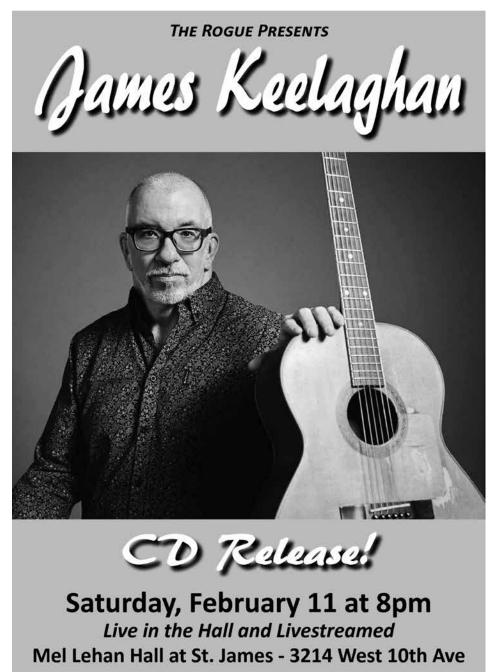
What can we do about it?

First, instead of judging a person's behaviors or attitudes about environmental issues, we can become curious about why they believe or act as they do. And we can trust that if we had grown up in the same circumstances, we would likely think and do the same.

Second, we can remember that everyone cares about the environment, even if we don't like the way some people demonstrate it. When we blame individuals for complex problems like climate change, it shifts our attention away from the actors and institutions who should be doing less to harm the environment and more to protect it. It divides civil society at a time when we need to be united.

It turns out, something we all share is an appreciation for this astonishing planet we live on.

EMILY KENNEDY is Associate Professor and Associate Head in the Department of Sociology at UBC.











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The Source 5 Vol 23 No 12 | January 10-24, 2023

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Choosing forgiveness

by raman kang

Hiro Kanagawa's adaptation of Forgiveness invites us to discuss the divisive world we've come to live in and why embracing forgiveness is so important.

"At this point, in my life and career, I think it is important for me to engage with these stories and tell them from my point of view," says Kanagawa, actor, writer and screenwriter.

Forgiveness, a best-selling book by Mark Sakamoto, is the story of his grandparents' World War II traumas. The live performance, Jan. 12-Feb. 12 at the Stanley Industrial Alliance Stage, is a joint production with Theatre Calgary (Calgary) and Arts Club Theatre Company.

A true story

When Kanagawa began adapting Forgiveness into a play, he knew it would be a daunting task.

"For those familiar with the book, I think that the play is faithful to the emotional core of the book's message of love for family, home and country," he says.

Sakamoto's grandfather, Ralph MacLean, and grandmother, Mitsue Sakamoto, both know the traumas of war – they've lived it.

"Both sides of Mark's family suffered tremendously during World War II, on both sides of the conflict," says Kanagawa.

MacLean enlisted in the Canadian army at the beginning of World War II, and was immediately taken prisoner in Hong

prison in these camps suffered tremendous deprivations." Here in Vancouver, Sakamoto,

a Japanese-Canadian, was detained with her family by the Canadian Government. All of their property confis-

cated, they were sent to work on a farm in Alberta. They lost everything when their possessions were burned.

Despite having gone through tremendous suffering and struggle, both MacLean and Mitsue but ultimately I did want to do it and found a way to structure it so that it could be a play," says Kanagawa.

He hopes the audience first and foremost has an emotional connection and reaction to the material.

The show will also have ani-

"It's a technical and artistic challenge, but I think people are really going to be excited to see how theatre and animation are

66 ...I think that the play is faithful to the emotional core of the book's message of love for family, home and country.

Hiro Kanagawa, actor, writer and screenwriter

found the courage and grace to choose a life of forgiveness after the war.

It was that forgiveness that led to Sakamoto being born, and it was *Forgiveness* that would serve as the title of his best selling book a gift for his grandparents.

"The book shows us a way forward despite the tremendous traumas that Mark's family experienced," says Kanagawa.

Adaptation

With an adaptation, one feels this enormous responsibility to the original work and to the fans who love it, says Kanagawa.

It's a true story, so there's also the added responsibility that one integrated in this play and story," says Kanagawa.

An important message

"Given the environment, I think the message of this play that despite tremendous deprivations and traumas being inflicted upon you, you can rise above, find forgiveness in your heart and find a common ground with your fellow Canadian, is a vital and important message at this juncture in the life of our nation," says Kanagawa.

Kanagawa never thought society would get to the point where Asian people are being attacked on the street again, but it's once again become a ter-

There is a saying Kanagawa mentions: "History doesn't always repeat but it rhymes."

The Japanese internment is a seminal event in Japanese-Canadian history and experience, says Kanagawa. And there is a responsibility in telling that story with respect, and as completely – and as accurately – as one can.

For him, Many visible minorities in the arts are put in the position where the only thing we're allowed to write or represent is our ethnic experience.

"For me personally, I think telling this story was a way to reconnect with the Japanese Canadian community," says Kanagawa. "That's another great thing about my experience of being involved in this project."

Learn more here: www.artsclub.com



Animation mixes with traditional theatre in Forgiveness

Kong by the Japanese. Beaten, starved and tortured, MacLean watched the people around him die.

"It was a tremendously horrible place to be," says Kanagawa. "Many atrocities were committed, and the men who were in

feels for the characters, who in real life have an invested interest in how they're represented on stage, and how their loved ones are going to be represented.

"There was quite a process of interviewing Mark's family, and having meetings with Mark,

6 The Source Vol 23 No 12 | January 10–24, 2023

Recipe by Selma Van Halder

Chinese Tea Eggs

A recipe today to celebrate the year of the Rabbit. The Lunar New Year is celebrated by many millions all around the globe, and is a time of promise and wishing your loved ones good fortune for the coming year. A beautiful way to ring in the year of the Rooster is to make these Chinese tea eggs. Marbled eggs like these, flavoured by steeping in tea and spices, are a popular snack in China and will look amazing in a New Year's spread. The orange rind in the recipe will signify good luck in the New Year!

Ingredients

- 6 free range eggs
- 3 tbsp of your favourite Chinese black leaf tea (like Oolong, or Lapsang Souchong)
- 2 tbsp soy sauce
- 1 star anise
- 1 tbsp five spice powder

2 inch (mandarin) orange skinwater, to cover eggs

Method

- 1. Put your eggs in a pot and cover with cold water. Bring to a boil and cook for 3 minutes. Drain and run the eggs under cold water.
- Gently tap the eggs all over with the back of a spoon to break the outer shell. Be careful not to break the inner membrane.
- 3. In a separate pot, combine all the other ingredients together. Start with three cups of water, add ingredients, bring to a boil and turn down to simmer. Add all the lightly cracked eggs and add more water if necessary to cover the eggs completely.
- Simmer mixture for 2 minutes, turn heat off and let steep for 4 hours or overnight.



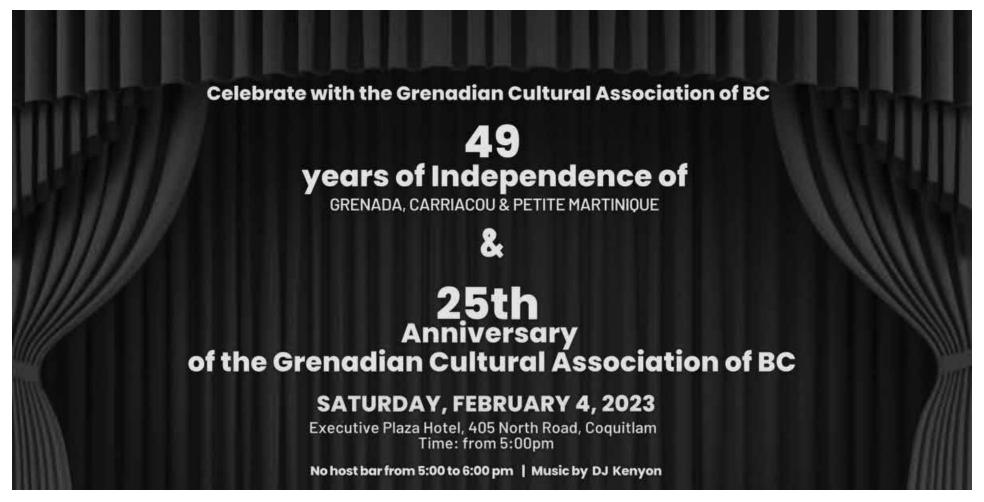
A Steeped in fragrant liquid, tea eggs are a favourite snack for many.

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Vol 23 No 12 | January 10–24, 2023 The Source **7**

Source Amnesia

A look at faulty memory, fake news, and truth vs. fiction



▲ Memory confusion and manipulation take the stage in Source Amnesia.

by STAFF WRITER

Joshua Beamish/MOVETHE-COMPANY presents the world premiere of *Source Amnesia*, an exploration of false memory and the fragility of truth, in which five Vancouver-based contemporary dance artists navigate a reality in constant flux in an age of misinformation and information manipulation.

"I am thrilled to bring together such a talented group of dance artists from Vancouver to collaborate on this production which closely reflects the current issues we're all grappling with," he says.

Based on the artist's own fascination with memory confusion and manipulation, the production explores current relevant and critical themes of misinformation, fake news, memory loss and truth. The show runs from Jan. 13–14 at the Vancouver Playhouse.

Mixing family and social realities

Source Amnesia examines memory manipulations and false memories through kinetic choreography. Beamish uses the narratives from these cases to create tension, tactics, scenes and characters for the dancers to embody.

"Misinformation is something that has become personal to us all. With social media, news have the ability to spread like wildfire, in real time," Beamish explains. "While we're quick to share and comment, we often don't stop to think about factual accuracy. Source Amnesia is a thoughtful physical exploration of memory distrust and how we parse and absorb source information before turning it into something else, be it untruths, a manipulated truth – or even fake news."

The term 'source amnesia' refers to the inability to remember where, when or how previously learned information was acquired which can sometimes lead to false memories created when a real memory is covered up with wrong suggestions. If one cannot recall the source of an act or event, it is possible to believe false prompts as fact, rather than fiction.

And this is where Beamish comes in, setting his five dancers in an ever-shifting reality in order to expose the fragility of truth and how vulnerable memory or truth are to reshaping.

Two sources of inspiration are at the heart of *Source Amnesia*. Beamish's own family's experiences with dementia and amnesia, which impacted his relationships with both of his grandmothers, for one, and the other one was research he did on two examples of episodic memory distortion and memory distrust syndrome.

Aside from his own personal experiences, Beamish became fascinated with the story of the Icelandic Six, a homicide case from the 1970s in which six people confessed to a double homicide they had nothing to do with but felt certain they had committed.

The production also reflects a study where participants were given false facts about their lives, which they later believed to be true.

About Joshua Beamish/ MOVETHECOMPANY

The B.C. born artist founded the Joshua Beamish/MOVETHECOM-PANY, a non-profit charitable dance organization registered in Canada and America in 2005. The society's main mandate is to further the awareness of and appreciation for contemporary dance at the local, provincial, national and international levels.

The company places equal focus on educational program-



Dancing away misinformation.

"I grew up very close to one of my grandmothers, and she was a major supporter of my training and early career," tells Beamish. "And yet, for much of my adult life, she didn't know who I was anymore. I often wondered if she knew herself. Who did she see when she looked in the mirror?" ming, primarily targeting youth and the creation and professional theatrical productions. Beamish's works have toured throughout North America, Europe, Asia and Africa.

For more information visit: www.joshuabeamish.com



8 The Source Vol 23 No 12 | January 10–24, 2023

Cultural Calendar

January 10-24, 2023

by SIMON YEE **CONTRIBUTING EDITOR**

Welcome to the new year everyone! It's a time for new beginnings, fresh starts and exciting opportunities. Whether you're making resolutions, setting goals or simply looking forward to what the future holds, we wish you all the best in the year ahead. Why not check out some of the events happening below this month? Here's to a wonderful 2023!

Pictures of You: **An Exhibition of Portraits**

* * *

Jan. 4-28 www.outsidersandothers.com

Portraiture is a very old art form going back at least to ancient Egypt, where it flourished from about 5,000 years ago. Before the invention of photography, a painted, sculpted or drawn portrait was the only way to record the appearance of someone. This exhibition embraces this idea and expands on it. Some works are clear representations of a person, and some are not so clear and more about the idea of a person's visual representation.

Instantaneous Blue

Ian. 6-22 mitchandmurrayproductions.com

* * *

Mitch and Murray Productions presents the world premiere of Instantaneous Blue by Aaron Craven from Jan. 6 to 22 at The Waterfront Theatre on Granville Island. The play follows Edward and Sara as they navigate the journey of welcoming their first child into life while shepherding Edward's declining parents out of it. Their relationship frays as they maneuver the endless challenges of a disease that is God-like in its mysterious ways. Caught between the worlds of assembling IKEA baby cribs and visiting gerontologists, between finding time for sex and searching the city for a lost mother, and between navigating professional obligations and familial disaster, Sara and Edward are pushed to the emotional brink. Will they or won't they make it through?

* * * **Mental Health and Psychosocial Support** of People Displaced in **Humanitarian Settings: Lessons Learned**

Jan. 12, 5–6:30 p.m. www.greencollege.ubc.ca

Mark van Ommeren will provide an overview of Mental Health and Psychosocial Support (MHPSS) in large humanitarian crises, including forced displacement, and outline what the World Health



A Performers Patti Allan and Charlie Gallant in Instantaneous Blue.

Organization sees as the minimum actions to be conducted by the health sector in any large disaster or conflict. He will also discuss the dilemma of trade-offs in priority settings in terms of impacts on suffering, human rights and equity, and what this means for research and practice.

* * *

The Willful Plot

Jan. 12-April 16 www.belkin.ubc.ca

The Willful Plot brings together artists' practices to expand the notion of the garden as a site of tension between wild and cultivated, temporal and perpetual, public and private, sovereign and colonized. Here, the garden is considered by the artists not only as a delineated patch of earth, but as a story and a will to drive that story to complicate the way in which cultures and individuals see themselves in relation to ecology, sociality, belief and possibility. It is an opportunity to look at human relationships with land, flora, fauna and their interrelatedness. In its willfulness, the resistance garden is a counter-site, a heterotopia for alternative cultivation and

potential transformation. Artists include Derya Akay and Vivienne Bessette, Gabi Dao, Derek Jarman, Charmian Johnson, Glenn Lewis, Mike MacDonald, Rehab Nazzal and Dana Qaddah.

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Rebecca Belmore: **Hacer Memoria** Opening Jan. 14

www.thepolygon.ca

Hacer Memoria is an outdoor sculpture that will extend along the top of The Polygon Gallery's east-facing façade. This public artwork consists of nine oversized blue and orange shirts sewn







from tarpaulins The long-sleeved shirts, which hang in a row with the backs facing out, are each emblazoned with a single letter. Together the letters spell "hereafter." There will be an Opening celebration led by Sempúlyan Gonzales at 3:00 p.m. on Jan. 14. For more information, check out the gallery's website.

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Vancouver Gluten Free Expo 2023

Jan. 14–15 www.glutenfreeexpo.ca

On the weekend of Jan. 14, the Vancouver Convention Centre at Canada Place will host the Gluten Free Expo featuring numerous exhibitors, cooking demonstrations, dietitian presenters and, of course, plenty of tasty gluten free culinary dishes to sample. Listen to presentations from registered dietitians helping you to create healthier diets, and watch chefs create healthy gluten free versions of beer, pizza, perogies, breads and more. For tickets and further information, please check out their website.

Sacre Jan. 17-21, 8 p.m. www.thecultch.com

DanceHouse and The Cultch will present the Canadian premiere of Circa's enthralling and acrobatic Sacre, on stage Jan. 17–21 at 8 p.m. at the Vancouver Playhouse. Directed by Yaron Lifschitz, Artistic Director and CEO of Circa, Sacre is a spellbinding exploration of humanity's inter-connectivity, our inherent sexual desire and our complex relationship with divinity. Inspired by Igor Stravinsky's seminal production The Rite of

Spring, the full-length work from Australia's leading contemporary circus company is an intricate blend of balletic lines and athletic feats, infused with pulsating and dissonant elements of a reimagined Stravinsky score.

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PuSh Festival

Jan. 19-Feb. 5 www.pushfestival.ca

The PuSh Festival returns to Vancouver in 2023 to showcase innovative and transformative art. The 2023 program hopes to encourage the necessity of art in a time of crisis. Featuring works that face challenging truths with empathy, embodiment and communion, this year's Festival lineup helps us situate ourselves in the complexity of the human experience. For a complete list of current shows and event details, please visit the festival's website.

Thy Neighbour's Wife

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Jan. 19-Feb. 12 www.jerichoartscentre.com

The United Players of Vancouver will be performing Thy Neighbour's Wife at the Jericho Arts Centre. The scene is Canada, 1915. This play centres around the true story of the first woman who was sentenced to hang in Alberta for a crime that, when a similar one was committed by a man, was seen as "defending the decency of his home." A frank and scrutinizing look at marriage, manners, money and murder.

What Are Our Supports?

Jan. 21, 2 p.m. www.eventbrite.ca/e/whatare-our-supports-book-launchtickets-474943768597

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Please join the SFU School for the Contemporary Arts to celebrate the launch of What Are Our Supports?, an anthology with over 20 local and international contributors. Co-edited by Joni Low and Jeff O'Brien, the book is based on a series of artist group's projects in Vancouver's Cathedral Square Park curated by Low in 2018. Featuring artist reflections, commissioned poems and essays, reprinted texts and additional artworks, the anthology highlights the need to reinvigorate sustainable, alternative support networks for artists and communities during uncertain times, now intensified by our global pandemic and humaninduced climate crisis. How do artists make perceptible the underrecognized and foundational supports that will continue to guide us through precarity? What can we learn through the practice of being human, and through the quests of art?



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